



# Pokéloha

Hawaiian Style Sushi



## OUR SIGNATURE POKÉ BOWLS

	REGULAR	LARGE
<b>THE POKÉLOHA</b>	<b>€10.50</b>	<b>€13.50</b>
Salmon, Pokéloha Sauce, Edamame, Cucumber, Pickled Cabbage, Avocado, Beetroot Teriyaki, Crispy Rice, Sesame, Spring Onion, Cashews, Tobiko Caviar		
<b>SHRIMPY DELICIOUS</b>	<b>€9.50</b>	<b>€12.50</b>
Shrimps, Yuzu Ponzu, Cucumber, Mango, Radish, Coriander, Avocado Cream, Nori Sesame Crisp, Spring Onion, Sesame		

	REGULAR	LARGE
<b>MISO VEGAN 🌱</b>	<b>€9.50</b>	<b>€11.50</b>
Tofu, Wasabi Shoyu, Cucumber, Red Onion, Seaweed Salad, Sweetcorn, Jalapenos, Avocado, Wakame Seaweed, Tahini, Spring Onion, Sesame, Ground Coconut		
<b>TUNA AFFAIR 🌶️</b>	<b>€10.50</b>	<b>€13.50</b>
Tuna, Sesame Kimchi, Cucumber, Radish, Edamame, Sweetcorn, Pickled Cabbage, Spicy Japanese Mayo, Spring Onion, Sesame, Crispy Rice		
<b>THE FISH CALLED CHICKEN</b>	<b>€9.00</b>	<b>€11.00</b>
Chicken Breast, Honey Ginger, Edamame, Red Onion, Cucumber, Sweetcorn, Avocado, Peanut Butter, Cashews, Crispy Onion Rings, Sesame		

## MAKE YOUR OWN POKÉ BOWL

### 1 CHOOSE YOUR BASE



- Sushi Rice
- Quinoa
- Wild Rice
- Greens

### 2 PICK A PROTEIN



	Regular	Large
Miso Tofu	€8.50	€10.50
Poached Shrimps	€9.50	€12.50
Steamed Chicken	€8.50	€10.50
Tuna	€10.50	€13.50
Salmon	€9.50	€12.50

### 3 PICK A MARINADE



- Wasabi Shoyu •  
Wasabi/ Lemon Juice/  
Vegan Soy Sauce

- Pokéloha •  
Caramelized Garlic/  
Lemon Juice / Ginger/  
Vegan Soy Sauce

- Sesame Kimchi 🌶️  
Kimchi/ Sesame Oil/  
Vegan Soy Sauce/ Lime Juice

- Honey Ginger •  
Honey/ Ginger/  
Vegan Soy Sauce/  
Lemon Juice

- Yuzu Ponzu •  
Yuzu/ Mirin/  
Vegan Soy Sauce

### 4 MIX IN CHOOSE UP TO 4



additional €0.50 each

Cucumber	Pickled Cabbage
Mango	Spring Onion
Edamame Beans	Coriander
Jalapeño Peppers	Sweetcorn
Radish	Feta Cheese
Red Onions	Seaweed Salad
Pomegranate	

### 5 SAUCE IT CHOOSE 1



additional €0.50 each

- Spicy Japanese Mayo 🌶️
- Peanut Butter Yoghurt •
- Tahini •
- Avocado Coconut •
- Beetroot Teriyaki

### 6 TOP IT



as many as you like!

Cashews	<b>Extra €1.00</b>
Ground Coconut	Avocado
Crispy Onion Rings	Wakame Seaweed
Crispy Rice	Tobiko Caviar (Flying Fish Roe)
Sesame	
Nori Sesame Crisp	